

# To parents and guardians: About Skolelyst® fra TINE

## School milk? Fruit juice? Chocolate milk?

Skolelyst® is the school milk program from TINE. Create the subscription and pay directly on skolelyst.no. We deliver the products to the school, and the school make sure your child gets the products in your subscription.

## No artificial sweeteners

All Skolelyst product are free from artificial sweeteners, and the vast majority contain no added sugar. The beverages have a natural sugar content derived from the raw ingredients.

## Product selection at your school

Each school determine their own selection of products based on the range Skolelyst offers. Lettmeik 1 % fat and Lettmeik 0,5 % fat is mandatory. Find your school's selection here: [skolelyst.no/aktuelt/sok-opp-din-skole](https://skolelyst.no/aktuelt/sok-opp-din-skole)

## Sustainable lunch inspiration

Skolelyst want to encourage everyone to minimize food waste. Check out our lunch recipes that includes foods we typically let go to waste too soon: [skolelyst.no/aktuelt/fra-matsvinn-til-matpakker](https://skolelyst.no/aktuelt/fra-matsvinn-til-matpakker).

## Questions?

Check out our Q&A: [skolelyst.no/sporsmal](https://skolelyst.no/sporsmal) or kontakt us on 23 288 334 or email [skolelyst@tine.no](mailto:skolelyst@tine.no).



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